



HETRA HERD NEWSLETTER

HETRA's Monthly Exclusive Karat Club Member Update

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Have You Herd?

You are receiving this monthly newsletter because YOU have made a difference for the HETRA Herd. This is an exclusive benefit for Karat Club to keep you “in the know” on what is happening with the Herd here at HETRA each and every month.

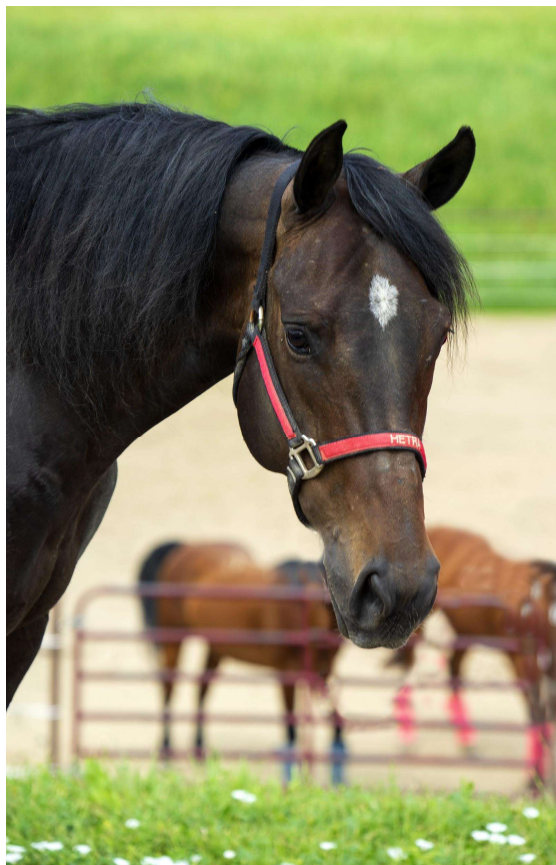


Because of you, the HETRA Herd accomplished all of this in the month of September:

- 82 Therapy Sessions
- 143 Adaptive Riding Sessions
- 8 Adaptive Carriage Driving Sessions

Did You Know?

- Each HETRA horse eats an average of 10 bales of hay a month.
- Farrier care (horses version of a pedicure) for the HETRA horses occurs every 6-8 weeks.
- Each HETRA horse has their own specially designed conditioning/exercise program to keep them in tip top shape for our participants.



What's Happening in the Barn?


Gypsy has joined the herd. Gypsy is a 6 year old Bay Quarter Horse Mare. She arrived here from Trumbell, NE and was previously a Western Pleasure show horse. Gypsy is coming along great in her training and has already started working with our Adaptive Riding Instructors in Training in their lesson program. Gypsy is a great size standing at 15.2 hands and has movement which will be excellent for our Therapy Services program. Her high level of training will allow her to also serve a role with our independent riders down the road.

Trivia Time!



Let's test your horse knowledge (see answers at the end)

1. Horses have 225 bones in their body – True or False
2. An adult horses brain weighs twice as much as the human brain – True or False
3. How many gallons of water does a horse drink in a day on average?
 - a. 10 gallons
 - b. 25 gallons
 - c. 50 gallons

Knowledge
is power 

“Beating the heat involves water –both on the inside of your horse via drinking and on the outside of your horse via hosing down.” [Check out this article link](#) from Horse & Rider on Six Cool-Down Strategies for Your Horse.

Let’s see if you were correct – answers to the trivia questions:

1. False - Horses have 205 bones in their body on average.
2. False – An adult horse's brain weighs about 22 ounces, half that of a human brain. Wow, pretty cool to know that a human’s brain is twice as large as a horses!
3. c. 25 Gallons – On average a horse will consume up to 25 gallons of water in one day. This will vary depending on how hot or cold the weather is.

Thank you again for joining the Karat Club! Together we are changing lives one stride at a time!



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