

Participant	Date of Bir	th	Age	Gender: M F Other
Diagnosis		Height	Weight	
Address		City		State
Zip Code County	Participant's School or	Employer:	Email:	
Ethnicity Phone	Number:	Progra	am Interest	
If you have preferred pronouns please sha	re that information with us:			
Referral Source:			Is participant a mi	litary Veteran? Yes No
What branch of the military did you serve	e in?			
Dates of service:				
What was your rank in the military?				
Are you a Wounded Warrior Project Alur	nni? Yes No Not Sure if	I am eligible		
Primary Parent/Guardian Information	: (minor or dependent ad	ult only) * This per	rson will be our pri	mary point of contact
Name	Mail	ing Address		
City State	e Zip	Email		
Cell Phone	Home Phone		Work Phone_	
Place of Employment		Occupation _		
Best way to get a hold of you (Please ci	rcle one): Email Mobile	Phone Text Messag	ge Home Phone	Work Phone
I am the legal guardian of this participant	and can provide documenta	ation upon request.	□ Yes □ No	
Secondary Parent/Guardian Informati	on:			
Name	Mail	ing Address		
City State	e Zip	Email		
Cell Phone	Home Phone		Work Phone_	
Place of Employment		Occupation _		
Best way to get a hold of you (Please ci	rcle one): Email Mobile	Phone Text Messag	ge Home Phone	Work Phone
I am the legal guardian of this participant	and can provide documenta	ation upon request.	□ Yes □ No	
<u>Legal Guardian</u> if different from above:	Name			
Mailing Address		City	St	ate Zip
Email	Cell Phone		Work Pho	ne

Caregiver Name (if different from a	above):	
Phone Number:	Email:	
Emergency contact	Relation:	Phone
Emergency contact	Relation:	Phone
Physician's Name		Phone
Preferred Medical Facility		
Health Insurance Company		Policy #
Allergies:	Current Me	edications:
Significant Medical History:		
I have listed all significant medical infor Signature of Participant or Parent/Guard	, -	Date:
Liability Release		
benefits to myself/my son/my daug myself, my heirs and assigns, exec Therapeutic Riding Academy, its l and/or losses I/my son/my daughte Programs. WARNING - Under Nebraska Law	e the risks and potential for risks of eq ghter/my ward are greater than the risk cutors or administrators, waive and rele Board of Directors, Instructors, Therap er/my ward may sustain while participa	rticipate in the Heartland Equine Therapeutic Riding quine-assisted activities. However, I feel that the possible k assumed. I hereby, intending to be legally bound, for ease forever all claims for damages against Heartland Equine pists, Aides, Volunteers, and Employees for any or all injuries ating in Heartland Equine Therapeutic Riding Academy for an injury to or the death of a participant in equine to sections 25-21,249 to 25-21,253.
Date:Signature_	(Participant, Parent or Guardian)	
Photo Release		
Please Check One: ☐ I do consent	and authorize ☐ I do not consent	
to the use and reproduction by Hea	artland Equine Therapeutic Riding Aca	ademy of any or all photographs and any other audiovisual nted material, educational activities or any other use for the
Date:Signature_		
	(Participant, Parent or Guardian)	
physician. This provision will onl		and any treatment procedure deemed "life saving" by the emergency contact is unable to be reached.
	(Participant, Parent or C	Juardian)
or mental health therapist prior to or d mental health therapy as well as substa- the therapist which could consist of in instructor both involved in session) or	uring participation in HETRA programmin ance use therapy is deemed appropriate, I g dividual or group programming. I underst cotreatment session (two therapists from one as horse handlers, sidewalkers or assistants	hereby consent to evaluation by an occupational, physical, speech, ng. If physical therapy, occupational therapy, speech therapy, or give consent for treatment and/or telehealth services as outlined by tand my session may consist of a cofacilitation session (therapist and different disciplines involved in same session). I understand that s.
	(1 articipant, 1 archit of Guardian)	



### **HETRA Billing Policies**

If you have any questions about HETRA's fees or billing procedures please contact Erin Bevington at (402) 359-8830, ext 105 or Erin@HETRA.org.

To help HETRA save on postage, all invoices are sent via email.

If would prefer to receive your billing via regular mail, please let us know.

#### Fee Structure - HETRA does not bill health insurance or Medicaid

\*Financial assistance is available for all participants, see financial assistance section below

**Life Skills Sessions:** \$20 per session, \$240 for one 12-week course, a 10% early payment deduction is available if full payment is made by the due date posted on the invoice. This program is billed at the beginning of each 12-week course, and is due by the due date on the bill.

**Evaluation:** Evaluations are performed by one of the HETRA therapists for new Participants entering the program. Evaluation fees are \$100.

**Equine-Assisted Learning or Mental Health Small Group - (3 or fewer participants):** \$40 per session, \$480 for one 12-week course, a 10% early payment deduction is available if full payment is made by the due date posted on the invoice. GAP is billed at the beginning of each 12-week course, and is due by the due date on the bill.

**Equine-Assisted Learning or Mental Health Large Group** – (4+ participants): \$20 per session, \$240 for one 12-week course, a 10% early payment deduction is available if full payment is made by the due date posted on the invoice. GAP is billed at the beginning of each 12-week course, and is due by the due date on the bill.

**Equine-Assisted Learning or Mental Health Services (private):** \$35 for each 15-minute session, \$70 for a 30-minute session, and \$105 for a 45-minute session. Every participant will be invoiced for a Course Fee at the beginning of the 12-week session in the amount of \$300. Then all completed Therapy Services sessions will be billed on a biweekly basis in the amount of \$22.50 for each 15-minute session or \$45 for each 30-minute session completed. Payment is due by the due date posted on the invoice. Course Fee refunds will not be given for any Participant cancellations. We will do our best to schedule a make-up for any HETRA canceled sessions. If a make-up session cannot be scheduled during the course following the cancellation, the \$25 course fee for any unmade-up sessions will be credited toward the invoice for the next 12-week course.

**Registration Fees**: All new Participants will be billed a \$50.00 registration fee, which helps HETRA cover insurance and other office fees. Returning participants will be responsible for a \$40 registration fee.

Any Participant with an outstanding balance from the previous course will not be allowed to participate until the balance on the account has been paid, payment arrangements have been made, or a scholarship application has been completed. All Participant fees that are past due by 30+ days or are not paid according to the previous payment arrangements will be assessed a minimum of \$20.00 charge per month.

#### **Cancellations**

**If HETRA cancels a session** (due to weather or staff illness, etc.): HETRA will do its best to schedule a make-up for any canceled sessions. If a make-up session cannot be scheduled during the course following the cancellation, the fees for any unmade-up sessions will be credited toward the invoice for the next 12-week course.

**If a participant cancels a session:** These sessions are not able to be refunded.

Participant tardiness: Any time a Participant is late, their session time will be decreased accordingly in order for the schedule to remain intact. If a Participant is 15 or more minutes late for a session they will NOT be allowed to ride for that session.

**Dropping out of a Course:** If your Participant drops out of a 12-week course without finishing all 12 weeks there will be a \$50 fee assessed unless it was medically necessary.

#### **Financial Assistance**

Scholarships and outside funding is available for all Participants in any program. We can provide you with a list of outside funding sources that have been very supportive of HETRA families. We ask that you investigate these options prior to applying for a HETRA scholarship. HETRA Scholarships are based on your annual income with consideration made to your current family situation. Funding is also available for Veterans, Active Duty Military and First Responders. We also offer a discounted services program which is based on how many hours you volunteer for HETRA or how much you help raise in donations. If you need to request a scholarship, outside funding sources or discounted services form please contact Erin Bevington at (402) 359-8830 or Erin@HETRA.org.

1) Number of individuals your household:  2) What is your total household income:  □ Less than \$25,000 □ \$25,001 to \$45,000 □ \$45,001 to \$60,000  □ \$60,001 to \$75,000 □ \$75,001 to \$100,000 □ over \$100,000  Individual Responsible for payment:	
□ \$60,001 to \$75,000 □ \$75,001 to \$100,000 □ over \$100,000	
Individual Responsible for payment:	
Name: Relationship to Participant:	
Email:Phone	<del></del>
Mailing Address	
City	
By signing below, I agree that I have read and understand HETRA's billing policies and agree to pay all applications.	ole fees.

# NOTICE OF PRIVACY PRACTICES THIS NOTICE DESCRIBES HOW MEDICAL AND PERSONAL INFORMATION ABOUT YOU MAY BE USED OR DISCLOSED AND HOW YOU CAN OBTAIN ACCESS TO THIS INFORMATION

## PLEASE REVIEW THIS FORM CAREFULLY OUR LEGAL DUTY

Heartland Equine Therapeutic Riding Academy is required by law to protect the privacy of your personal and health information, provide notice about our information management practices, and follow the information protocols described below.

#### USAGES AND DISCLOSURES OF HEALTH INFORMATION

Heartland Equine Therapeutic Riding Academy uses your personal and health information primarily for treatment, obtaining payment for treatment, conducting internal administrative activities, and assessing the quality of care we provide. We use your personal information to contact you for scheduling, billing and providing organizational information.

Heartland Equine Therapeutic Riding Academy will obtain your written permission and authorization before disclosing your personal health information. If you provide us with written authorization to release your information for any reason, you may later revoke that authorization to stop disclosures at any time. If and when any changes are made in our privacy and confidentiality policies, a new Notice of Information Practices will be posted in the same area for public view. You may request a copy of our Notice of Information Practices at any time. Our HIPAA Compliance Officer is Edye Godden and can be reached by calling the office at (402) 359-8830.

#### PATIENTS INDIVIDUAL RIGHTS

You have the right to review or obtain a copy of your personal health information at any time. You have the right to request that we correct inaccurate or incomplete information in your records. You also have a right to request a list of instances where we disclosed your personal health information for any reasons other than for treatment, payment, or other related administrative purposes.

You may request in writing that we not use or disclose your personal health information for treatment, payment or administrative purposes except when specifically authorized by you, when required by law, or in an emergency. Heartland Equine Therapeutic Riding Academy will consider all such requests on a case-by-case basis. The company is not legally required to accept the requests.

#### CONCERNS AND COMPLAINTS

If you are concerned that Heartland Equine Therapeutic Riding Academy may have violated your privacy right or if you disagree with any decisions we have made regarding access or disclosure of your personal health information, please contact our HIPAA Compliance Officer, Edye Godden, at the office address listed below. You may also send a written complaint to the U.S Department of Health and Human Services.

Heartland Equine Therapeutic Riding Academy HIPAA Compliance Officer Edye Godden 10130 S. 222<sup>nd</sup> Street, Gretna, NE 68028 Phone: (402) 359-8830

Every patient must receive a copy of this form

Patient Name

Signature of Patient or Parent/Guardian if under 18	Date

#### SAFETY RULES FOR ALL HETRA STAFF, VOLUNTEERS, FAMILIES AND PARTICIPANTS

These guidelines have been developed for your safety. Failure to follow these rules can result in dismissal from this facility.

- 1. Please DO NOT pet the horses in any outside pens or indoor stalls. Some horses on the property are privately owned and are not part of the HETRA herd.
- 2. Please do not arrive at the barn before you are scheduled, there must be a HETRA Instructor, Staff Member, or Barn Leader on site when volunteers, students or guests arrive. For insurance purposes there cannot be visitors at the HETRA facility when there is not a staff member on site.
- 3. ONLY the Barn Leader or approved Horse Leader will be allowed to get horses from outside pens.
- 4. No untrained individual should enter a pen or stall with a loose horse in it.
- 5. You should not be in any outside pen UNLESS you have been asked by an Instructor or Barn Leader to complete a specific task in this area. Once this has been completed please return to the proper volunteer areas.
- 6. NEVER sit, kneel or lay on the ground near a horse.
- 7. All phones must be turned to silent or vibrate when in the arena NEVER answer your phone while working in the arena.
- 8. Please only use HETRA tack and equipment and always return it to its appropriate place.
- 9. Always clean up after yourself and any horse you are working with (sweep up any hair, manure, and throw away any trash).
- 10. All riders during a HETRA riding session are required to wear approved safety helmets (this includes Instructors).
- 11. Please do not feed any horses treats. Treating horses tends to promote biting. Also some of the horses are on special diets and treats can be detrimental to their health. Please do not allow the horses to lick your hands this encourages biting.
- 12. Please DO NOT pet the horses on their heads or faces, this is a personal space for them and can make them crabby.
- 13. When approaching a horse, always consider the horse's limited field of vision. Horses cannot see directly behind or in front of them without moving their head. Always approach a horse at the shoulder, speak to them as you approach, and then extend your hand and pat them on the neck or shoulder. When moving around a horse, placing a hand on their hip as you move around them allows them to know where you are.
- 14. Avoid sudden movements when around the horse. This includes removing coats, raising arms suddenly, running, jumping climbing, etc. Horses can spook easily, please keep this in mind at all times when around horses.
- 15. Please Do NOT reach into or pet a horse through the bars. If they can put their heads out it is ok to pet them. Please respect that they may need down time and do not want to be petted.
- 16. Only HETRA Instructors are allowed to put on or remove the bridles on the HETRA horses.
- 17. Please do not bring dogs or any other animals to the barn. (If you have a service animal please notify HETRA Staff).
- 18. The cats are cute and fun to play with but they can bite and scratch. Playing with the cats is done at your own risk. Please monitor any children during their interaction with the cats.
- 19. All children under the age of 12 must be DIRECTLY monitored by an adult at all times while on the property. Child must be in direct line of sight and adult must not be participating in any other activities such as volunteering or riding.
- 20. DO NOT enter any other buildings on the property unless directed by a HETRA Instructor or Staff Member.
- 21. If you are not directly involved with a session please keep all activities and conversations to the designated waiting areas. It is important to keep noise and conversation to a minimum when lessons are being conducted as it can be very distracting for the participants and horses.
- 22. The HETRA Instructors are ultimately responsible for all aspects of the session from the time the first horse is taken out until the last one is put away. Please listen and follow all directions given by the session Instructors. Please be aware of all situations around you and report any unsafe situation to the session Instructor or Barn Leader immediately.
- 23. HETRA strictly prohibits anyone, including individuals with permits, to carry concealed handguns, from possessing and/or carrying a concealed handgun while on HETRA's property. NO EXCEPTIONS will be made to this Policy. Any violation may result in the dismissal of Volunteer or Guest.
- 24. HETRA is a Tobacco Free Facility. Smoking or the use of any tobacco products is strictly prohibited on the HETRA property. This includes the arena/barn area as well as the parking lot and adjacent buildings on the property.

HETRA does not discriminate on the basis of race, color, religion, national origin, gender, age, or disability in admission to it's programs, services, or activities, or any other aspect of their operations.

**HETRA Volunteer & Guest Dismissal Policy:** HETRA reserves the right to dismiss a guest or volunteer from the facility and from the program if their behavior is putting themselves, a participant, staff, other volunteers or the horse's mental or physical health in

jeopardy. The HETRA instructor in charge at the time of the incident will review the behavior with the volunteer and determine the level of intervention necessary. The level of intervention could include a verbal or written warning or immediate dismissal from the HETRA facility and program. Physical, emotional, mental or sexual abuse by a person at the HETRA facility will not be tolerated and will result in immediate dismissal from the HETRA facility. Alcohol consumption by a volunteer prior to a session is not allowed. A volunteer smelling of alcohol will not be allowed to assist with that night's session.

Please follow these rules at all times while at the facility. Anyone not following these rules will be asked to leave the facility.

My Family and/or I have read the Barn Rules and agree to follow them at all times while at the facility.

Signature	Date
I am signing these rules as the Parent or Guardian for	family

#### **HETRA Social Media Policy**

#### Videos and Photography taken at the HETRA Facility Policy:

In order to protect you or your participants privacy as well as the privacy of others at the HETRA facility and due to the sensitive, private, and personal nature of our participants and the services we offer, we must exercise every precaution when taking photos or videos at HETRA. At this time we ask that all participants and families follow this process if they would like a picture of their participant while at the HETRA facility. Please do not take any picture or video at any time while at the facility on your own, please use the following procedure for any picture or video requests.

Procedure for pictures or videos of their participants while at HETRA.

- 1. Please notify your instructor or therapist that you would like a particular picture or video taken of your participant.
- 2. HETRA instructor or therapist will supervise taking of the picture on a HETRA approved devise.
- 3. Once the picture/video has been taken it will be sent to the designated staff for approval (this allows the staff to check photo releases on everyone and make sure other participants/volunteers are not in the photo and there is no confidentiality issues related to the photo). Designated staff includes CEO, COO, Equine Operations Manger and Program Manager.
- 4. Once approved the photo will be sent to the requesting party. We will do our best to make this a very timely process.

#### Social Media:

Heartland Equine Therapeutic Riding Academy (HETRA) embraces social media and relies on our participants, staff, and volunteers to increase our online presence and build our brand. It is one of the most powerful platforms we have to share our mission, create positive awareness for our organization, and engage with our community on a daily basis. We highly encourage participants to engage with HETRA's social platforms by liking, commenting, and sharing our posts.

#### Where to find HETRA:

Facebook TeamHETRA
Twitter @HETRA
Snapchat Team HETRA
Instagram team\_HETRA
You Tube HETRANebraska

Linked In HETRA

#### **ALWAYS:**

- Help HETRA spread the good word share, retweet, and regram HETRA posts on your own social platforms.
- Refer to HETRA horses in a positive manner and forward inquiries about HETRA horses to a staff member
- Think twice before posting. If you have any doubt, please do not post.

#### **NEVER:**

- Claim to be an official representative of HETRA
- Share confidential information about a participant, volunteer, employee or the organization
- Take photographs or video of a HETRA participant, volunteer, HETRA facility, horse or employee unless specifically approved to do so by a designated staff member
- Use language that is profane, harassing, racial, political, religious, or that is considered biased or slurred when posting about HETRA.
- Refer to a HETRA horse or the HETRA barn environment negatively.

#### **Violation of Social Media Policy**

Signature of Patient or Parent/Guardian if under 18	Date
Paperwork Checklist	
All of the following paperwork must be signed and turned in before	an evaluation can be scheduled
Participant's Registration & Emergency Contact Information	
Participant's Liability Release, Photo Release & Medical Consent Plan	
] HIPAA Policy	
Billing Policies (Must be signed and dated)	
Safety Rules	
Social Media Policy	