HETRA 2023 ANNUAL REPORT

Changing Lives One Stride at a Time

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LETTER FROM THE CEO

As we wrap up another incredible year inside the HETRA Barn, we would like to take a moment to look back on the impact that you have helped us make in the lives of so many participants who have come through our doors at HETRA. What better way, than to reminisce on all the wonderful times together with our participants and amazing horses?

We have two sayings here at HETRA - It's not Just a Pony Ride and Changing Lives One Stride at a Time. We are so grateful to everyone who helps make this happen, including our amazing volunteers, wonderful horses, generous donors, and committed staff. It truly does take a village to keep HETRA operating each and every day.

Thank you, Edye Godden, CEO

Edye Dodden



MISSION

To improve the quality of life both physically and emotionally of adults and children of all ability levels through equine-assisted activities.

VISION

To provide life-changing, holistic, therapeutic opportunities to our participants.



PARTICIPANTS



PARTICIPANTS SERVED

SERVING PARTICIPANTS ACROSS THE FOLLOWING 13 COUNTIES:

BURT
CASS
CRAWFORD
DODGE
DOUGLAS
HARRISON
LANCASTER

MERRICK PLATTE POTTAWATTAMIE SARPY SAUNDERS WASHINGTON



PROGRAMMING HOURS COMPLETED IN 2023

SERVICES OFFERED

ADAPTIVE RIDING THERAPY SERVICES ADAPTIVE CARRIAGE DRIVING LIFE SKILLS TRAINING

SERVICES FOR VETERANS & FIRST RESPONDERS

EQUINE-FACILITATED MENTAL HEALTH

VOLUNTEERS

405 individuals volunteered during 2023

I made a difference today.



OPPORTUNITIES INCLUDE:

SESSION VOLUNTEERS BARN MAINTENANCE GREETER VOLUNTEERS GROUP VOLUNTEER SESSIONS

25,647.75 HOURS

completed by volunteers. That's the equivalent to

\$895,433



HORSE SPONSORS

Coby: Edward Jones - Lori Blum

Diamond: Joan Hennighausen - In honor of Edye Godden, for all that you do!

Frank: Darrell and Coe Leta Logemann

Galaxy: Anonymous

Georgie: Anonymous

Halo: Debbie Nelson

Honey: William R. Patrick Foundation

Jewel: Barb Carpenter & Karen Sedoris

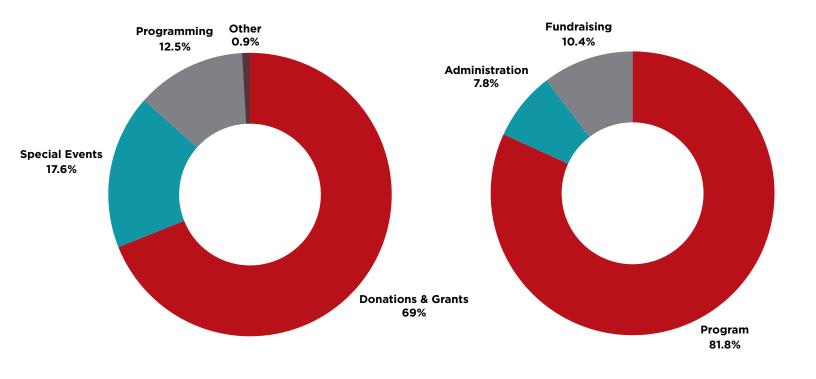
Smarty: Nebraska Equine Veterinary Clinic



Thunder: In fond memory of Hope and Fritz Brockman

A total of 32 horses worked in our programming in 2023. Our herd is made up of 11 different breeds including 17 Geldings and 15 Mares.

FINANCIALS



INCOMEEXPENSES\$1,758,882\$1,845,158

\$59,953

in scholarships awarded to **70** HETRA participants

\$370

average programming cost per hour

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HETRA UNIVERSITY

8,728 PODCAST LISTENS

across 25 episodes in 2023. With **114 loyal** weekly followers.

66 I am loving all the podcasts and am so thankful I heard about you guys at the [PATH Intl.] conference in Charlotte last fall. 99

HETRA PRESENTED IN 6 CONFERENCES ACROSS THE US INCLUDING OKLAHOMA ILLINOIS NORTH CAROLINA NEBRASKA

• 10 NEW WEBINARS PRODUCED

- 258 WEBINAR DOWNLOADS
- 32 PATREON SUBSCRIBERS



THANK YOU!

In 2023, we were fortunate to receive support from **1,266 amazing donors!** Every single contribution has significantly impacted our mission to *Change Lives, One Stride at a Time*. We are deeply grateful for your endless support. Thank you from the bottom of our hearts!

BOARD OF DIRECTORS

Steve Henthorn

Board President Retired from Police Department

Darren Osten

Board Treasurer Partner at Eide Bailly

Grant Janke

Board Vice President Asst. Vice President at Union Pacific

Lisa Glidden

Board Secretary Farmers National Company

Alex Hayes

VP Business Continuity/Security Mutual of Omaha

Lisa Hobza

Health Information Services Coordinator PTI Nebraska

> Jennifer Hunter Legal Services Coordinator Applied Underwriters

Teresa Negron

Executive Director YouTurn Omaha **Dave Reeble** President & CEO Moving Parts, LLC

Chris Richardson Senior Vice President of Operations R&R Realty

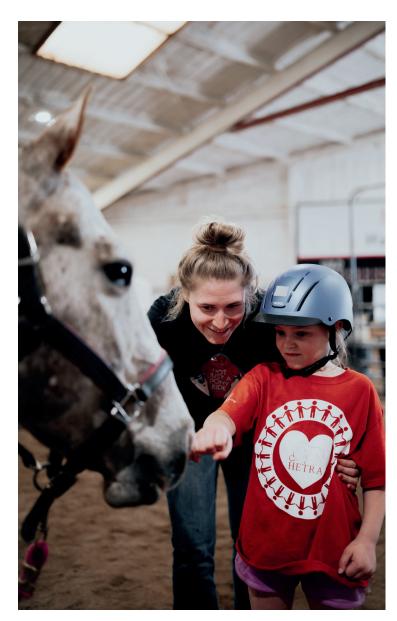
> **Todd Schuiteman** Vice President & CFO QLI

THANK YOU FOR MAKING A DIFFERENCE!

FOUNDATIONS

Air Warrior Courage Foundation American Quarter Horse Foundation (AQHF) Amy L. Scott Family Foundation Charles E. Lakin Foundation Cielo Foundation Boulder **CL** Werner Foundation Debby Durham Family Foundation Dorothy B. Davis Foundation **Enrichment Foundation** Farm Credit Services of America (FCSA) Friedland Family Foundation Gary and Mary West Foundation Gretna Community Foundation Harper Family Foundation James C. Semerad Foundation Lester A. Walker Foundation Lindsay Family Foundation Meta - Sarpy Data Center Midlands Community Foundation Mutual of Omaha Nebraska Soldiers Foundation Oliver-Hoffmann Foundation Parker Family Foundation Pledgeling Foundation **Principal Foundation Rebensdorf Family Foundation** Richard A. Shaw Fund **Rogers** Foundation Rotary Club of Omaha Roy and Gloria Dinsdale Family Foundation Sports for Kids Foundation **Terry & Hollye Peterson Foundation** The Charles and Mary Heider Family Foundation

The Hawks Foundation The Kim Foundation The Lozier Foundation The Sherwood Foundation Walmart Foundation William & Ruth Scott Family Foundation William R Patrick Foundation



THANK YOU FOR MAKING A DIFFERENCE!

DONORS OVER \$5,000

Anonymous Carrie Duffy Countryside Community Church Darrell & Coe Leta Logemann Debbie Nelson Diane Duren & Drew Collier **Diane Withem** Grant & Sara Janke Helget Home Medical Hy-Vee Inc. In Memory Of Katherine Smith Jack & Stephanie Koraleski Jim & Kathy Helget Mary Jones Moving Parts L.L.C. Omaha Track Todd & Barb McQueen Union Pacific Railroad





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CHANGING LIVES!



After researching various therapies for her son Hank, who was diagnosed with Autism, they discovered HETRA's equine therapy program, which he began despite his fear of large animals. Over two years, Hank made significant progress, improving his communication and independence thanks to his dedicated therapist, Cassidy, and his bond with the horses, leading to newfound joy and confidence in his abilities.



A participant for over a decade, Jack initially sought therapy to improve his mobility. He discovered a supportive community that significantly impacted his social and emotional well-being. He has progressed through various riding stages, enjoying the friendships and confidence gained through his interactions with horses and volunteers, ultimately describing HETRA as a creative place that fosters personal growth.



Londyn's Story

Londyn has a rare genetic condition that causes developmental disabilities. Despite the challenges posed by her condition, her resilience and ability to spread love have inspired her family, and they advocate for her and others with disabilities. HETRA provides a vital sense of belonging and opportunities for Londyn, showcasing the importance of kindness and support in creating a more inclusive world.



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