



Course A Jan 4 - Mar 28 Course B Apr 5 - Jun 20 Course C Jun 21 - Sep 26 **Course D** Sep 27 - Dec 19

Off Weeks in 2021:

March 29 - April 4 June 28 - July 4 September 7 - 13

Horse of the Year Feb 1 - Apr 30

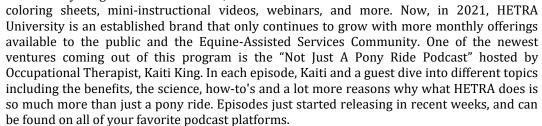
Blue Jeans & Dreams Sept 11





In mid-March of 2020, HETRA came face to face with the realization that it would have to close down the campus due to COVID. At the time, when leadership was not 100% sure when the doors would reopen, HETRA staff strived to find ways to connect with the participants and the overall community through virtual means.

Thus, HETRA University was born to offer everything from worksheets,





HETRA's Mental Health Therapist, Kelli Hatzenbuehler has also launched a brand new addition to HETRA University's content lineup. Coming off the heels of her Wellness 2020 initiative, Kelli is now hosting learning opportunities and experiences designed to open your mind, discover new perspectives, and guide you down the path of improving your individual overall wellness! "The Wellness Project" includes monthly activities for a low cost. You register and find out more at www.HETRAUniversity.org.





















HETRA Welcomes New Development Director

In February, HETRA brought on Angie Connell as the brand new Development Director for the organization. As HETRA has grown over the past three decades, so has the need for this position. As the Development Director, Angie will over see our donor relations, fundraising initiatives, and more. She is married to Matt Connell, with two kids, Grace and Henry.



"I have been in the food and beverage industry for most of my life, but in the past nine years I've served in the nonprofit health industry. My previous position was with the Muscular Dystrophy Association (MDA), where we worked with children and adults living with 43 different neuromuscular diseases. Nothing touches my heart more than working with people with different abilities."

HETRA is already blessed with two development specialists, Lucy Charvat (Grants) and Joshua Howell (Campaign Events & Marketing), and we are excited to have Angie as part of our team!





Do you love horses or spending time in the barn? Are you looking for some fulfilling volunteer work in the local area? Whether you have lots or absolutely no horse experience at all, there are plenty of ways for you to volunteer here!

Just a few hours, once a week can change lives. Reach out to us, and ask for Rachelle Tidwell, HETRA's Volunteer Operations Manager!



For more info, go to www.HETRA.org or call us at 402-359-8830

HETRA Celebrates the 2021 Volunteers of the Year!

On February 6th, HETRA hosted a 90-minute Live Virtual Volunteer Appreciation Event that consisted of trivia games, prerecorded thank you videos from HETRA Staff, and a presentation of awards. In 2020, over 18,000 volunteer hours were accrued by over 300 volunteers who were vital to ensuring that HETRA survived a year of obstacles and challenges.

Service Year Awards were recognized for 5, 10, and 15 years. Recognition was also given to those with consistent attendance in 2020. A new volunteer shirt was designed for those who served over 100 hours. Finally, congrats and thank you to the following individuals named the 2021 Volunteers of the Year:

Masha Borchert, Youth Volunteer of the Year
Carol Teske, New Volunteer of the Year
Tracy Robledo-Clark, Substitute Volunteer of the Year
Jill Shwiner, Special Programming Volunteer of the Year
Roberto Macedo, Barn Maintenance Volunteer of the Year
Carrie Lindell, Conditioning Volunteer of the Year
Kyle Black, Feeding Volunteer of the Year
Deborah Bean, Adult Volunteer of the Year



THANKYOU, DONORS!

Thank You to the following individuals and organizations who made sizable donations between Jan 1st and Feb 24th. Your support means the world to us, as well as our participant families.

\$100 +

Bergman Incentives
Dan & JoAnn Zuerlein
Bradley Dexter
Julie Lagemann
Marika Stone
Steve Henthorn
Pinnacle Bank - Elkhorn
Susanne Waechter

E & K Consulting Lori & Greg Schilling

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Quarterly Newsletter with Updates from Our Hearts to Yours!